TESTIMONIALS

"The clarity of your teaching simplifies the game tremendously."

Mike Kuchar, Co-Founder X&O Labs

"Rich Alercio is the best clinician in the country"

John Fiore, Montclair HS NJ. NJFCA Past-President



"My relationship with Coach Alercio goes back to the late 80's when, he was my offensive line coach at West Chester University. I have been bringing my players to his OLine Clinics since 2002. There is not a more knowledgeable coach of offensive line play than Coach Alercio. His system of teaching linemen will have your players prepared and playing with a high level of confidence. Our players, including my own son, always look forward to attending the OLine Clinic. It is the "unofficial" start to the season for us." Frank Holmes, Delran HS NJ

1000 Main Street Rich Alercio **O-Line LLC**

" Rich Alercio, a guru in offensive line play in the Northeastern part of the country

American Football Monthly, July 2008



TEACHING TECHNIQUES TRENCHES

The Hun School of Princeton NJ Sunday April 24 St Johnsbury Academy VT Sunday, June 12

9:00am - 1:00pm



Coaches Attend for Free

www.olineskills.com

St Johnsbury VT 05819

REGISTRATION FORM - Print Clearly Name: High School: Graduation Year: Email: Phone: T-Shirt Size: M L XL XXL # Attending Cost *Type* **Total** Individual **(**a) \$50 O-Line (5+) **(**a) \$40 Walk-up \$60

RETURN FORM AND PAYMENT TO:

Make checks payable to: Rich Alercio OLine

Rich Alercio OLine

1000 Main Street St Johnsbury, VT 05819

OR

Scan & Email to richalercio@gmail.com with payment through Venmo @Rich-Alercio

WAIVER

I realize that participation in any athletic activity involves risk of injury. I hereby agree to waive any claim against Rich Alercio, The Hun School, St Johnsbury Academy, Alercio OLine LLC and its instructors for any injuries suffered by my child during this clinic.

Parent Signature Date

OLINE SKILLS

- 2 & 3-Point Stance
- 4 Run Steps: Base, Reach, Angle, Bucket
- 2 Pass Steps: Kick, Power

Run & Pass Punches

Steps, Visual Targets & Strike Points for:

- -Drive Block
- -Double Team
- -Reach Block
- -Combo Block
- -Down Block

Pulling Techniques: Skip, Flat, Lead

Man Blocking Schemes

Zone Blocking Schemes

Gap Blocking Schemes

Pass Blocking Techniques

Slide Pass Protection Scheme

MISSION STATEMENT

There is an old saying in football that games are won in the trenches. Alercio OLine Clinics have specialized in teaching techniques for the trenches for over 20 years. We believe that the true "Skill Players" in football are the offensive linemen. We teach the coordination and execution of learned physical tasks that allow linemen of any size to achieve both individual and team success

TUITION

- \$50 Regular pre-registration fee
- \$40 5 or more players from one school
- \$60 Walk-up registration fee at the door
- OLine discount does not apply to Walk-ups
- Cash or Venmo only for Walk-ups.
- No fee for coaches!



CONTACT INFORMATION

609-433-3412

richalercio@gmail.com https://twitter.com/OLineSkills https://www.facebook.com/olineskills/

DIRECTIONS

GPS to: **St Johnsbury Academy**1000 Main Street, St Johnsbury VT **The Hun School of Princeton**176 Edgerstoune Road, Princeton, NJ

ELECTRONIC BROCHURE

www.olineskills.com

LINK TO VIDEO SESSION

Base 2 Steps - YouTube