

## TESTIMONIALS

*“The clarity of your teaching simplifies the game tremendously”*

Mike Kuchar. Co-Founder X&O Labs



*Thanks again for a great clinic. Our players profited from your outstanding coaching. The number of players and coaches in attendance are a testament to the respect that coaches and players have for you.*

Jim Meert, Hunterdon Central

*“You and your team put on a perfect clinic. OLine work is so technical and you broke down the skills in an understanding method”.*

Bob Stone, Mascoma HS NH



Rich Alercio  
O-Line LLC  
1000 Main Street  
St Johnsbury VT 05819

“ Rich Alercio, a guru in offensive line play in the Northeastern part of the country.”

*American Football Monthly, July 2008*



## TEACHING TECHNIQUES *For The* TRENCHES

West Orange HS (NJ)

Sunday 19 May

9:00am – 1:00pm



April 23, 2023 Alercio Oline Clinic at The Hun School, Princeton, NJ

Discounts for Teams  
Coaches Attend for Free

[www.elineskills.com](http://www.elineskills.com)

**REGISTRATION FORM - Print Clearly**

Name:

High School:

Graduation Year:

Email:

Phone:

T-Shirt Size: M L XL XXL

Clinic: NJ \_\_\_\_\_ VT \_\_\_\_\_

Type	Cost/player	
O-Line	\$40	5+ from same HS
Individual	\$50	
Walk-up	\$60	Paying at the door

**REGISTRATION & PAYMENT OPTIONS**

Mail Form &amp; Check payable to

**Rich Alercio OLine**

1000 Main Street St Johnsbury, VT 05819

Scan & Email to [richalercio@gmail.com](mailto:richalercio@gmail.com)Pay with Venmo @**Rich-Alercio**

Scan QR Code

Pay with Venmo @**Rich-Alercio****WAIVER**

I realize that participation in any athletic activity involves risk of injury. I hereby agree to waive any claim against Rich Alercio, West Orange HS, Alercio OLine LLC and its instructors for any injuries suffered by my child during this clinic. I allow the use of photos taken to be used for promotions.

Parent Signature

Date

**OLINE SKILLS****2 & 3-Point Stance****4 Run Steps: Base, Reach, Angle, Bucket****2 Pass Steps: Kick, Power****Run & Pass Punches****Steps, Visual Targets & Strike Points for:****-Drive Block****-Double Team****-Reach Block****-Combo Block****-Down Block****-Cut off Block****Pulling Techniques: Skip, Flat, Lead****Man, Zone, and Gap Schemes****Pass Sets vs Outside & Inside Rushers****Pass Blocking Techniques****Slide Pass Protection Scheme****MISSION STATEMENT**

There is a saying in football that **games are won in the trenches**. Alercio OLine Clinics have specialized in teaching techniques for the trenches for over 20 years. We believe that the true **“Skill Players”** in football are the offensive linemen. We teach the coordination and execution of learned physical tasks that allow linemen of any size to achieve both individual and team success.

**TUITION**

- \$40 - 5 or more players from one school
- \$50 - Regular pre-registration fee
- \$60 - Walk-up registration fee at the door

**CONTACT INFORMATION**

609-433-3412

[richalercio@gmail.com](mailto:richalercio@gmail.com)<https://twitter.com/OLineSkills><https://www.facebook.com/olineskills/>**DIRECTIONS**

GPS to: **West Orange High School**  
51 Conforti Ave, West Orange NJ

**ELECTRONIC BROCHURE**[www.olineskills.com](http://www.olineskills.com)**LINK TO VIDEO SESSION**[Base 2 Steps - YouTube](#)